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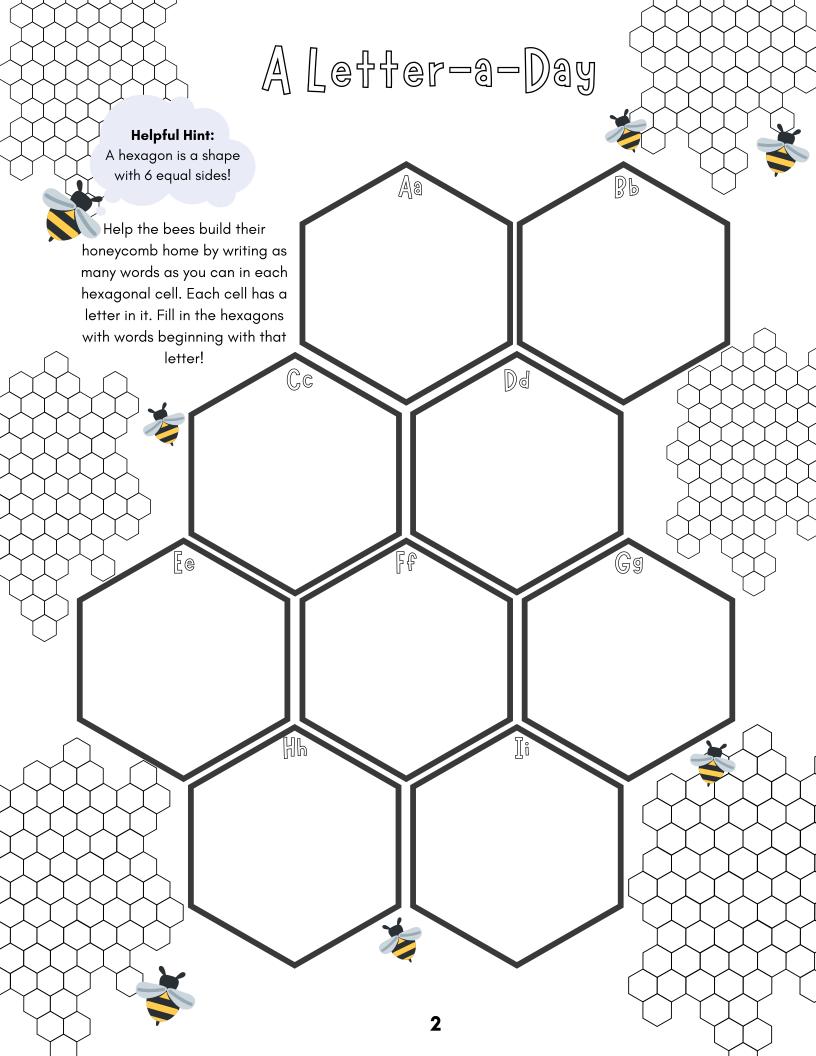
#### This booklet of activities was created by:

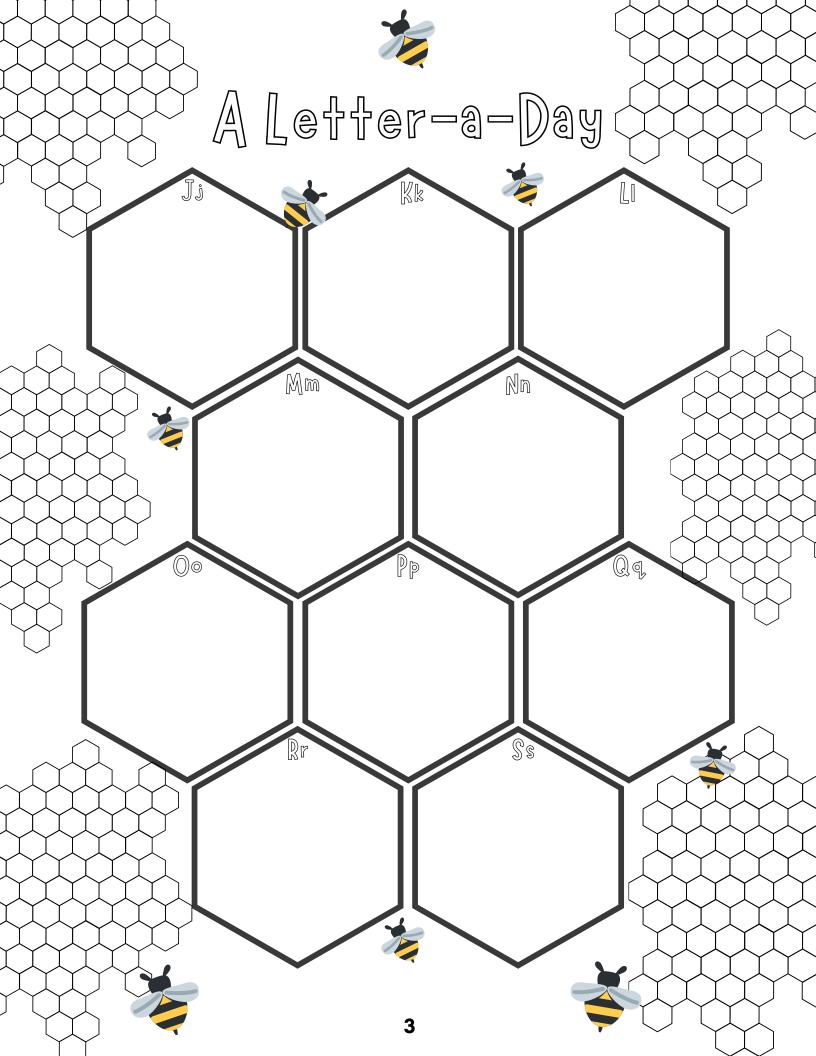


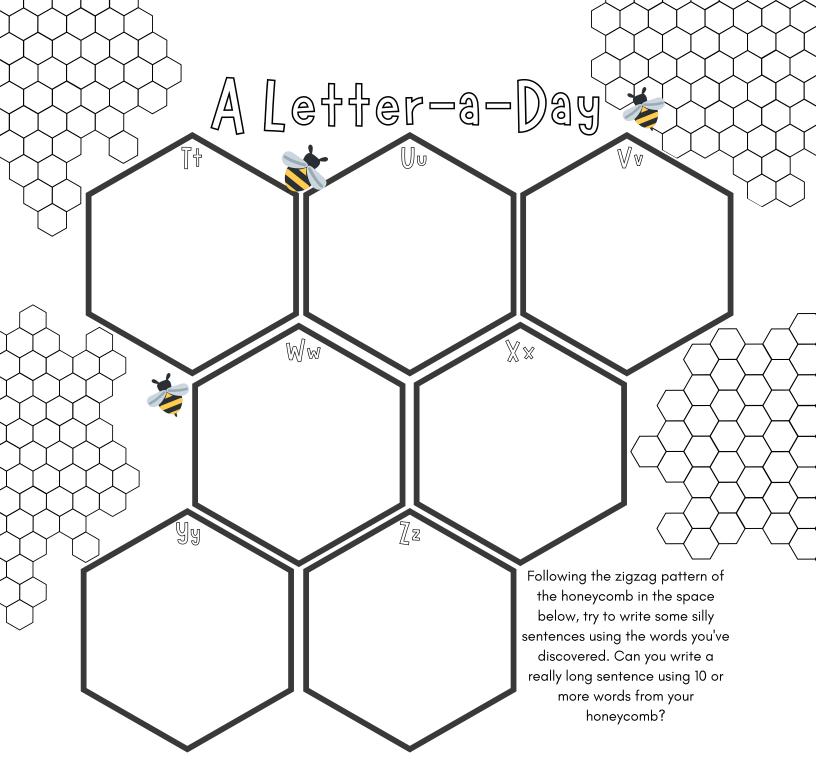
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If you want to learn more about Frontier College, our programming, or our partnerships, please visit our website: www.frontiercollege.ca





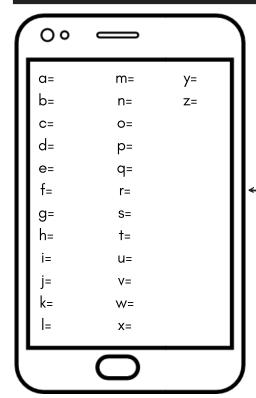


# MISSION IMPOSSIBLE

Calling all secret agents!
We need your help! On this computer screen there is a secret code. We need to use the secret code to decipher the message below. The message contains a sentence with five words. Can you crack the code?



ger vrer ylcrmt qfak ifrxpob



Can you make your own secret code?

Try out your secret code below!

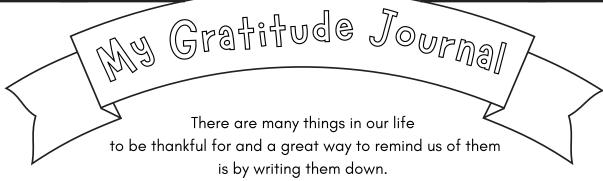
# ACROSTIC ASSOCIATIONS

Let your inner poet shine with this acrostic poetry activity!

There are only 4 simple steps to writing this poem:

- 1. Choose a topic it can be anything you want (that's the best part!).
- 2. Spell out your word vertically (going downwards) in capital letters (big letters).
- 3. Brainstorm some words or ideas that describe your topic try to think out of the box! You might even want to use a dictionary, if you have one around.

4. Fill in the lines to create your poem. Here's an example! Golourful ∄mazing Mice tasting elightfully delicious your favourite snack! Now it's your turn to get creative!



Use this page to note down the people/things/events that you are grateful for! You can write them however you prefer: as a list, as a paragraph, as a doodle, etc.

Try writing as much as possible, until this page is filled!

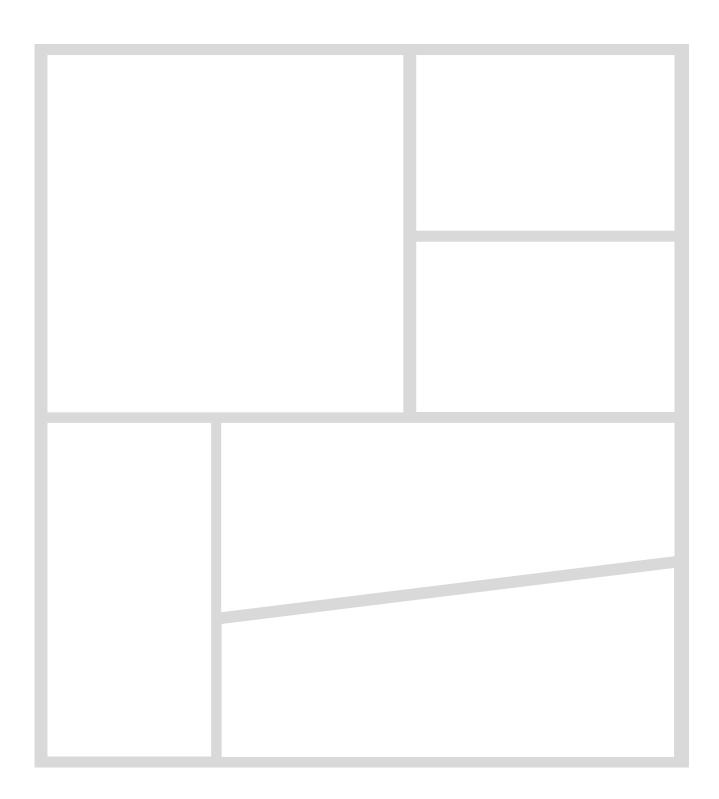
# Customizable Comics

Make this story your own by adding some dialogue in the speech bubbles. Give this comic a title below!



### Customizable Comics

Use this page to illustrate your own comic OR continue the story! Don't forget to give your comic a title.



# Not All Heroes Wear Capes Think of someone who inspires you in your community. This could be a doctor, a nurse, a teacher, a firefighter, a community volunteer, and many more. Choose one and write about why they are inspiring to you. Why do you appreciate their services? How do they help you and your community? What can you do, like them, to help your community?



Here's a simple recipe for one of the tastiest and easiest snacks to make. You can make this for yourself or to share it with someone else. This sweet treat originates all the way from Australia!



That's a lot of sugar! Let's try to make this a healthier everyday snack. Use the space below to create a new recipe for *Fairy Bread* and add some healthier ingredients!

Examples include fruits, nuts and seeds.

- 1
- 1
- 1
- 1
- 1
- 1
- 1
- 1
P



Now let's get creative! Use the space below to create your very own unique recipe! It can be a recipe of your favourite dish or an entirely new invention.

<u>Ingredients</u> :	<u>Directions</u> :

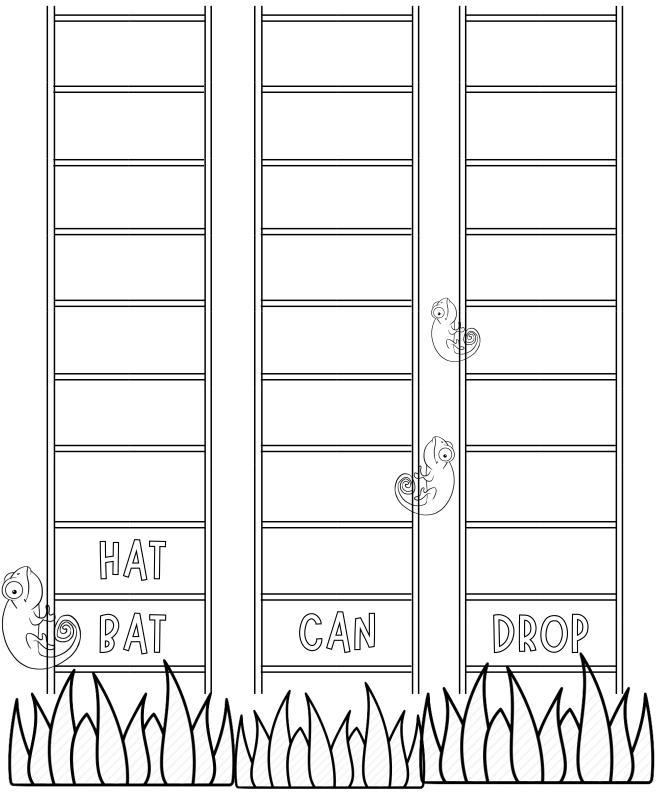


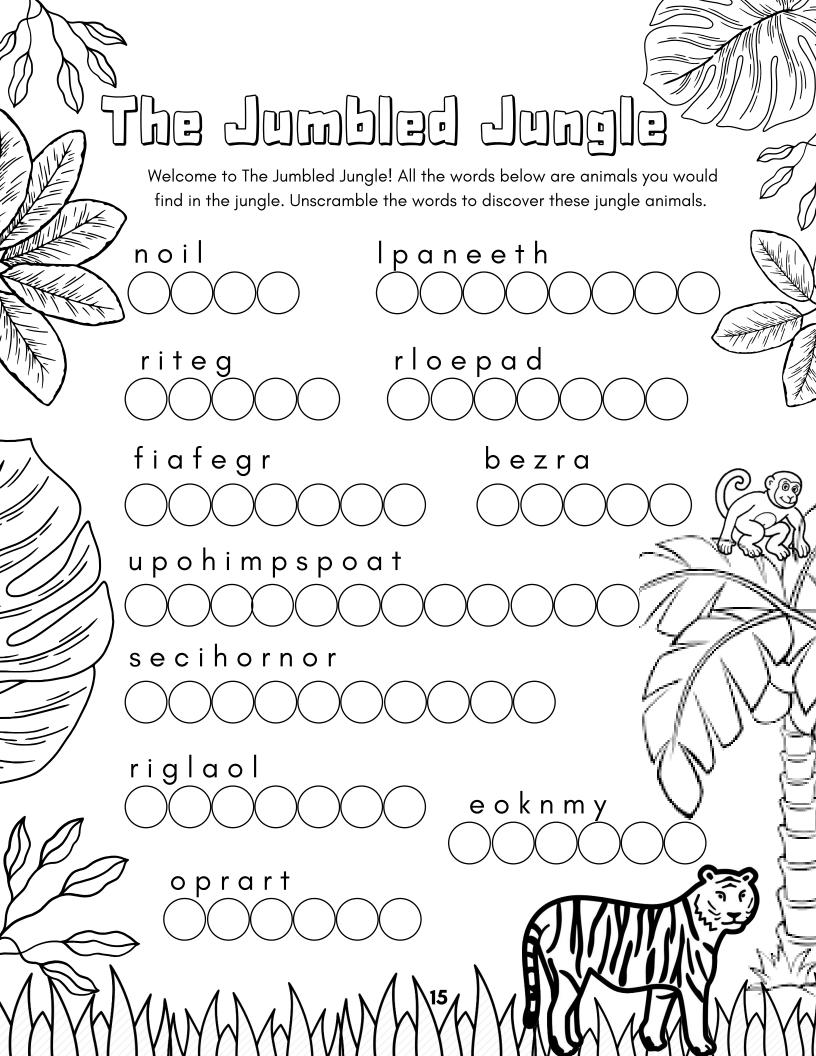
If you could invent one thing to make your life easier or better, what would that be? Why? Use the space below to draw your new invention and describe what it does.

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# Rhyme Climb

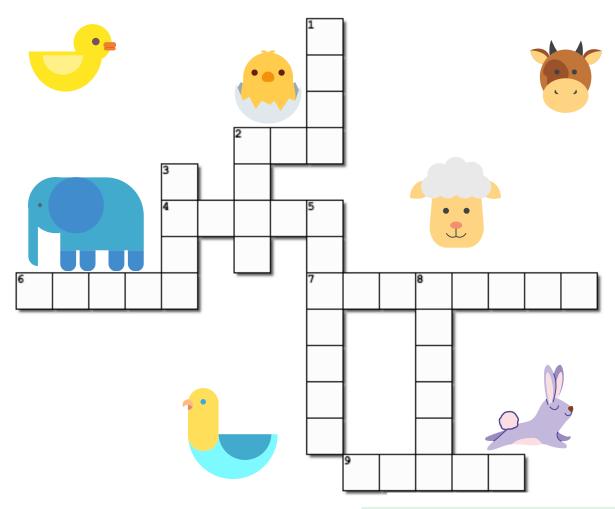
Help the chameleons climb the ladder by filling each space with a rhyming word! Start in the first blank spot on the ladder and work your way up. Try challenging yourself to find longer words as you get higher up the ladder.





# Baby Animals Crossword

Using the clues at the bottom of the page, fill in the grid below. All the clues are the names of baby animals! Use the word bank if you get stuck.



#### **DOWN**

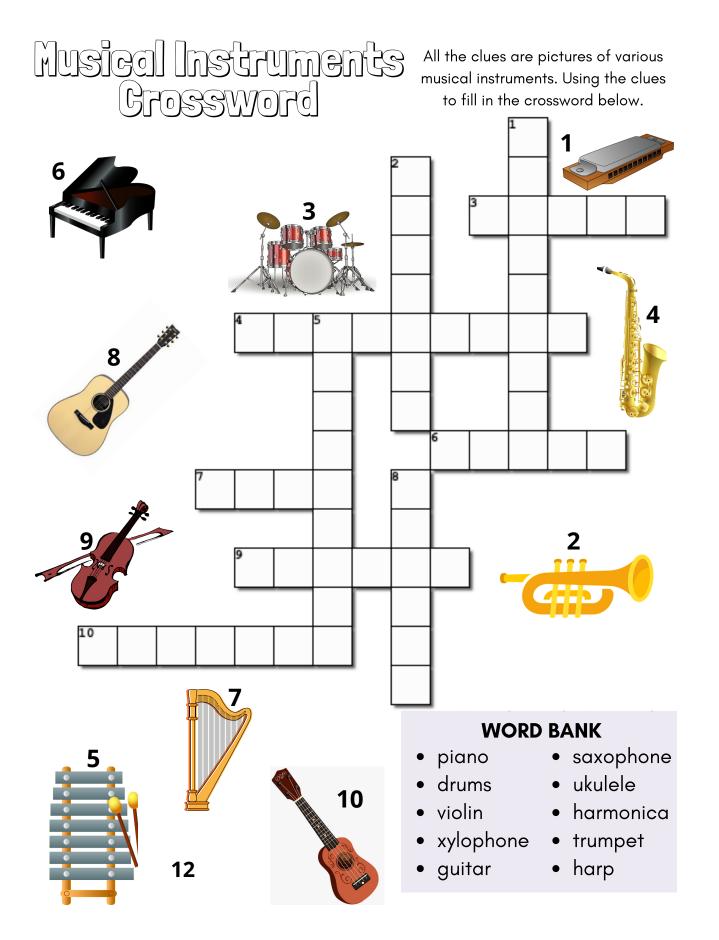
- 1. a baby sheep
- 2. a baby cow
- 3. a baby kangaroo
- 5. a baby frog
- 8. a baby cat

#### **ACROSS**

- 2. a baby bear
- 4. a baby owl
- 6. a baby dog
- 7. a baby duck
- 9. a baby
- rabbit

#### **WORD BANK**

- tadpole
- joey
- cub
- calf
- duckling
- bunny
- lamb
- kitten
- puppy
- owlet



# KITCHEN CROSSWORD

All the clues are pictures of various kitchen utensils and tools. Using the clues to fill in the crossword below. ( = spaces between words) 8 7 (across) **WORD BANK** knife • wooden spoon • chopsticks grater frying pan • spatula 7 (down) rolling pin whisk scissors • measuring cup





### Desserts around the World

All the words in the list below can be found in the letter grid. The words may be up, down, side-to-side, or diagonal. Can you find all the words?



G Х

В R

M Ε G M

N F Х N Κ Ν Ε Н

R Ζ Α Κ W Х Н М Α

W

Ρ Н Κ N Н Х

Ε В Х Ε O

Н S S R S Н M 0

C R Κ

Ε G Κ M Т

N S

U Х Ν Ε В

G S Κ G N

K W н

AIS KACANG

PIE

**WAFFLES** 

**BROWNIE** 

**CHEESECAKE** 

**CANNOLI** 

**CHURRO** 

**KNAFEH** 

LECHE FLAN

**PICARONES** 

**BRIGADEIROS** 

**GELATO** 

**MOCHI** 

STROOPWAFEL

**SYRNIKI** 



# Animal Habitats

All animals and other living things live in different environments known as habitats. They have adapted to their natural surroundings in order to live in it. The main components of a habitat are shelter, water, food, and space.

There are many different habitats such as forests, deserts, wetlands, arctic, oceans, and many more!

#### FORESTS

Forests are habitats that are filled with trees! They make up 1/3 of the world's land surface. There are many types of forests: temperate, tropical, cloud, coniferous, and boreal. Each type has different climates and wildlife communities.

The Amazon rain forest is the largest forest on Earth. It houses 1/10 of the world's animals.



#### TUNDRA

Tundra is a habitat that has extremely low temperatures, short vegetation, and really long winters. There are two types of tundras: The Arctic tundra and the Alpine Tundra. The Arctic Tundra is near the North Pole and the Alpine Tundra is high in the mountains! There is more animal activity in the summer than during the winter because most animals migrate south for the summer.



#### **DESERTS**

Deserts are known for their dryness and lack of water, which can make it extremely difficult to live there. They experience little to no rainfall! They are diverse habitats with high daytime temperatures and chilly winter seasons.

They are populated with scrub vegetation. For example, shrubs, grasses, and herbs. Animals that live here have adapted to survive long periods without water.



#### MARINE

This aquatic habitat is home to many sea creatures and includes many different areas such as the open ocean, coral reefs, the deep ocean and many others.

The open ocean is where sunlight still reaches its surface, whereas the deep ocean is where there is no sunlight.

Different animal species have adapted to the conditions of the ocean to be able to live in it.



#### WETLANDS

Wetlands are areas of land that are filled or soaked with fresh rain or salty sea water. There are many types of wetlands, including bogs, marshes, swamps, and many more.
Wetlands occur naturally and you'll find them on almost every continent. The largest wetland is the Pantanal in South America which span over 421 million acres (that's bigger than 6.5 billion tennis courts!).



#### GRASSLAND

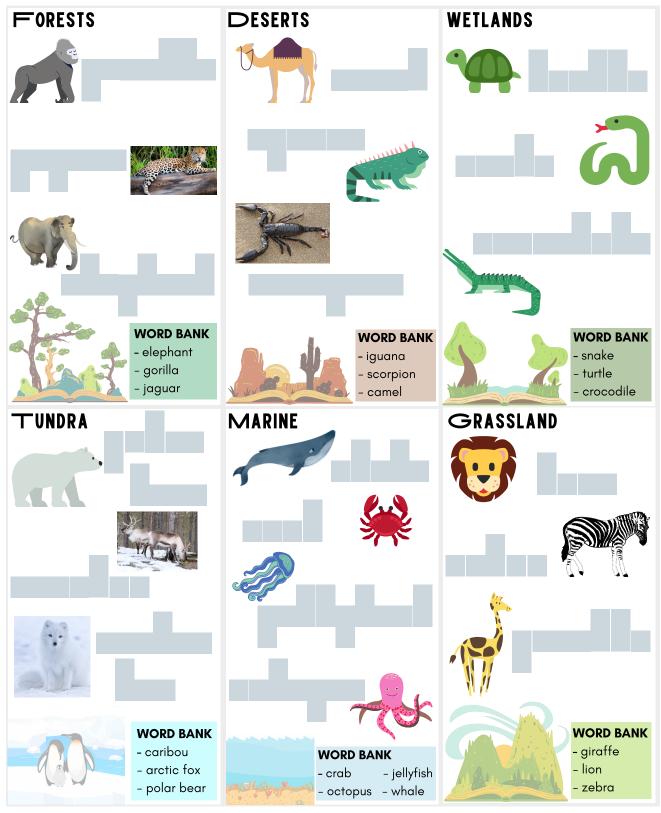
Grasslands are characterized by their flat lands covered in grass, as their name suggests. They have very few tall trees or shrubs. There are two main types of grassland habitats: tropical (savannas) and temperate. Grasslands have dry and rainy seasons, and are susceptible to seasonal fires.



### Animal Habitats

Can you name the animals that live in each habitat? Fill in the grey spaces with the words that fit the shape. For example, "habitat".

# habitat



# Math Maze

Solve this maze by solving each addition and subtraction question in the white boxes. Begin at "start", follow the arrows (move in the direction of the correct answer to the equation in the box), and try to reach the "Finish".

#### Start



و

b

**Finish** 

# Spell your workout

Use this sheet to spell out your name. Do the exercises for each letter of your name! Try this activity with your family and friends.

	• • •	•	
	Do 10 jumping jacks	N	Crawl like a bear for 10 seconds
	Hop on one foot 5 times		Hop like a frog 11 times
$\bigcirc$	Crab walk and take 9 steps		Reach for the clouds for 13 seconds
	Jump up and down 4 times		Do 1 jumping jack for every letter in your name
	Stomp like an elephant 7 times	2	Run on the spot for 20 seconds
F	Bend down and touch your toes 15 times	$\mathbb{S}$	Spin around and touch your toes 6 times
6	Gallop like a horse 12 times	T	Walk on tip toes for 15 seconds
	Hop like a bunny 8 times		Swing your arms side to side for 16 seconds
I	Balance on one foot for 5 seconds and then switch feet and repeat	$\bigvee$	Spin around 5 times, then spin 5 times the other direction
J	Skip for 10 seconds	$\mathbb{W}$	Stomp like a hippopotamus for 10 seconds
K	Waddle around like a penguin for 20 seconds	M	Do 16 lunges
	Spin around 5 times	y	Kick your legs out 30 times
M	Flap your arms like a bird 17 times		Lift one leg sideways 12 times then switch legs

# Chalk Walk

Let's go and take a Chalk Walk! Grab your activity book and your sidewalk chalk, and bring them with you on your outdoor walk. Try some of these fun games we've made just for you!

#### Connect the Words

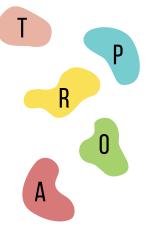
This game can be played individually or as a group with people in your household.

- The aim of the game is to make the largest word puzzle possible. You start with one word, and you add on another connecting each word by one common letter (see diagram).
- Your words should be written from left to right or up to down. It should look like a crossword puzzle!
  - You can highlight the common letter in a different colour. Let's see how many words you can write!

## apple e art

#### Alphabet Hop

- To play this game, you need to find a large space to hop around!
- Go around the empty space and start drawing random letters in a little bubble. Make sure you include all of the letters in the alphabet and include at least 5 hand lengths of space between the letters.
- Then, you can begin your alphabet hop. Hop through all the letters, one at a time. When you land on a letter, you have to call out one word that begins with that letter. For example, if you land on the letter "b", you can say "bat".
  - To make this more difficult, you can challenge yourself to call out words that end with the letter instead.
- This game can be adapted by including spelling, categories of words (ex. sports) or using sight words, numbers, or math equations instead of letters.



#### Art Collab

This activity can be done individually or as a group with people in your household.

- The aim of this activity is to be creative and make some funky art! As a group, each person will take a turn to draw something using one continuous stroke/line. The next person will then come in and draw something else, with one stroke to continue the drawing.
- Each person should use a different colour to make the artwork as colourful as possible!
  - If you are working by yourself, draw one stroke at a time with one colour and alternate between all your colours.
- Work together to create one giant masterpiece and give it a name!
- <u>Extension</u>: You can take a picture of your artwork and create a short story to go along with it.

# Colouring Page

Complete this colouring page by drawing some of your favourite animals!

